

support groups

Family Violence

Dear Group Facilitators,
Please let us know if the details of your support group change, particularly if it is no longer running.
Contact DVRCV on 9486 9866 or email: dvrcv@dvrcv.org.au

Groups for women

North and West Metro Region

Broadmeadows

'Looking Forward' is for women living in, or who have left, an abusive or hurtful relationship. Book for free childcare and transport. Contact Kathleen on 9465 0322.

'Pathways Group' is a free, fun, self-esteem building group for women. Some transport and childcare support available. Contact Broadmeadows Women's Community House on 9309 9433.

'Turkish Women's Support Group' is a group to support Turkish women with issues of trauma and difficult relationships. The group offers outings, opportunities to discuss family issues, community information and mutual support activities. It is open to women with children up to 18 years old. Contact Broadmeadows Women's Community House on 9309 9433.

Brunswick

'Looking Forward' is an empowerment group for women who are living in, or have left, an abusive or hurtful relationship. Childcare available. Contact Cass on 9355 9950 or Mary on 9355 9936.

Carlton, Fitzroy, Collingwood, Richmond

'New Beginnings' is a support group for women who have been in, or are currently living in, an abusive or controlling relationship. New women welcome, as well as women who are unsure if they are in an abusive relationship and want to discuss this. Contact Rachel or Marnie at North Yarra Community Health on 9411 4333.

City of Hume, Craigburn/Broadmeadows

'Breaking the Cycle' is for women who are in, or have been in, relationships who feel afraid of their partner, cut off from friends or family and not in control. The group aims to give women a safe space to share their experiences and learn new strategies for coping. For enquiries and bookings call Maureen on 9308 1222 or Birsan on 9302 8888.

'Parenting After Family Violence' Hume provides information sessions for women dealing with the effects of parenting their children after (or during) family violence. Contact Lee at Anglicare on 9333 8380.

Deer Park

'Breakthrough' is a program designed specifically for separating or separated couples that have experienced circumstances of ongoing unresolved conflict or family violence. Groups conducted by Relationships Australia and Community West. Contact Filena on 9363 1811.

Heidelberg

'Breaking Free' regional evening group is for women who have, or are, experiencing family violence, assisting them to make sense of what has happened and why. Contact Mary at Berry Street on 9450 4700.

Lalor

Anglicare Plenty Valley run three support groups.

- 'Looking Forward' is a support and discussion group for women living in, or who have left, abusive or hurtful relationships. Free childcare. Contact Kathleen or Haidee at Anglicare Broadmeadows Women's Community House on 9465 0322.
- 'Parenting After Violence' information sessions are for women dealing with the effects of parenting their children after (or during) family violence. Contact Shuwei on 9481 9520.
- Ongoing Therapeutic Art Group for Women provides an opportunity to come together in a safe environment to share, heal, reflect and connect with each other through the creative arts. Contact 9465 0322.

Melton/ Bacchus Marsh

The Melton Community Health Centre runs two groups for women.

- 'Women's Becoming Free Group' is a structured, time-limited group for women who have experienced family violence.
- 'Women's Support Group' is an ongoing support group for women who have been through the Women's Becoming Free Group.
- For more information contact Melton Community Health Centre on 8746 1100.

Policing Just Outcomes Project

This project is employing a range of innovative social research approaches to examine the way that Victoria Police respond to victim/survivors and reports of sexual assault. The project will identify and develop ways to improve this response. Find out more and participate in the survey at: www.policingjustoutcomes.org

Dating Matters: Understanding teen dating violence prevention

A 60-minute, interactive training developed in the USA to help workers understand the warning signs associated with teen dating violence. Download the training at: www.cdc.gov/violenceprevention

'Man Up' Campaign

This international campaign aims to mobilise young leaders in a movement to stop violence against women and girls. The campaign will bring together 200 young people from 50 countries for a Global Summit at the World Cup 2010 in South Africa when a five-year plan to stop violence will be launched. More information at: <http://manupcampaign.org/>

Flirting or Hurting

A short documentary on YouTube about sexual harassment, bullying and a violence prevention education program in the UK. Watch the film at: www.youtube.com/user/womankindngo

PUBLICATIONS & RESEARCH

New papers from the Australian Institute of Criminology

- Covert and Cyber Bullying – Research in Practice No. 9, 2010
- Responding to Intimate Partner Violence Victimization: Effective options for help-seeking, Trends & Issues in Crime and Criminal Justice No. 389, March 2010.

Available at: <http://aic.gov.au/publications.aspx>

Recent Innovations in Australian Protection Order Law – A comparative discussion

In the latest Australian Domestic and Family Violence Clearinghouse Topic Paper, Karen Wilcox states that 'comprehensive law reforms across most states and territories have created new legal regimes for protection orders, primarily focused on increased victim safety and the needs of children living with violence'. Full paper at: www.austdvclearinghouse.unsw.edu.au

Bibliography on Young Offenders

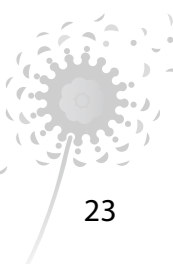
The bibliography has been updated on the Australian Institute of Family Studies website. Details at: www.aifs.gov.au/acssa/research/youngoffenders.html

Research Participants Needed: Sexual assault cases

This thesis will investigate how law students at university learn to argue adult sexual assault and rape cases in court. Contact Emma Moore at the University of Melbourne: e.moore4@ugrad.unimelb.edu.au

Research Participants Needed: Relationships and personality

This research is looking at how your upbringing is related to your methods of coping with distress. Details at: www.deakin.edu.au/psychology/research/personality



Mill Park

Mill Park Community House runs an eight-week group program offering support and education for women who have experienced abusive relationships. Contact Plenty Valley Community Health on 9409 8724.

Preston

'Women Standing Strong' is an eight-week group for women who have experienced hurtful or abusive behaviour in relationships. Contact Anna on 9403 1200 or Bianca on 9485 9000. Please let us know if you need help with childcare.

Reservoir

'Women's Ongoing Support' is for women whose partners attend Kildonan Men's Program. Co-facilitated by male and female staff of Kildonan Family Violence Program. Contact reception on 9471 0108.

Sunbury

'Moving On' is a group for women who have been affected by family violence and are still in the relationship or have left. Contact Joy at Sunbury Community Health on 9744 4455.

Sunshine

'GIFTS' is a group for women who have left an abusive or violent relationship and are now moving on. Explores information and options regarding self-sufficiency, financial counseling, legal issues, sole-parenting, self-esteem and assertiveness. Contact Geraldine or Matilda on 9312 0960.

Whittlesea

'Arabic Women's Group' is for Arabic women looking at healthy relationships. It is run by the Immigrant Women's Domestic Violence Service in partnership with Whittlesea Community Connections. Contact Dalal on 9401 6666.

'Chaldean Women's Group' is a group for Chaldean women looking at healthy relationships. It is run by the Immigrant Women's Domestic Violence Service in partnership with Chaldean Women's Association. Contact Dalal on 9401 6666.

'Parenting After Family Violence' provides information sessions for women dealing with the effects of parenting their children after (or during) family violence. Contact Zetty Noor on 9301 5200 or Nic Pesavento on 9333 8380.

'New Beginnings Women's Empowerment Group - Whittlesea' is for women who have been hurt in an intimate relationship. A space to grow, heal and re-learn how to trust yourself. Limited free childcare available. For further information contact Juli on 9409 8750 or Kate on 8401 1351. To book contact Plenty Valley Community Health Intake on 9409 8724.

Wyndham

'GIFTS' (Gaining Independence Friendship Trust Strength/Success) meets every Tuesday from 9.45 am-12.00 pm during the school term at ISIS Primary Care, 117 Warringa Cres, Hoppers Crossing. Childcare available. Referral process - phone 9312 0960 (Mon-Thurs) or fax 9311 0742.

South Metro Region

Cheltenham

A group that provides a safe, nurturing and supportive environment for women living in, or who have left an abusive and/or violent situation. Contact 9584 5076.

Windsor

'New Beginnings' is an eight-week group for women who have experienced being put down or abused in relationships either as children or adults. Groups run each school term. Free childcare by arrangement. Contact Robyn on 9521 5666.

Hastings, Mornington and Rosebud Areas

Mornington Peninsula Domestic Violence Services runs domestic violence groups throughout the year. Groups will be held in areas of Hastings, Mornington and Rosebud. Contact Mary or Nevenka on 5971 9454.

Cardinia / Casey Area

A three-tiered program called 'Making Changes' for female survivors of family violence:

- 'Beginnings' – eight weeks. Supports women in the early stages of their journey of understanding the impact of family violence. A therapeutic, supportive and learning environment. Information on safety issues and practical matters such as Centrelink payments, court matters and dealing with police.
- 'Making Changes' – 16 weeks. Women have the opportunity to gain a better understanding of the nature of violence. Topics include: power and control, the impact of intimate partner violence and an exploration of unequal and unhealthy relationships.
- 'Moving On' – 12 weeks. This group offers learning techniques to reduce stress and anxiety levels, and to support women to make more healthy life choices.

Cost is \$5.00 per session (but this can be waived). Childcare available. Contact the Intake Worker on 8769 5147.

East Metro Region

Croydon

For women who are in, or have been in, a relationship where there is abuse or controlling behaviour. Groups held in ten-week blocks. Contact Relationship Australia on 9725 9964.

Doncaster

Doncare provides the following support:

- 'Living Free' is an eight-week discussion group for women who have experienced violent or controlling behaviour in a current or past relationship.
- 'Moving Forward' is an ongoing discussion group to support women, usually those who have completed the Living Free program.

Both groups are free. Childcare is provided. Call Doncare on 9841 4215 and ask for the Women's Support Worker.

DAWN is a mentoring program for women in recovery. Enquiries to Kristin, Women's Support Worker at Doncare, on 9841 4215.

Kew

'Women's Support Group' is for women who are currently in relationships where they feel powerless or experience a range of controlling or abusive behaviours. Women can share their experiences, gain new understandings, offer support to others and receive support. Contact Relationships Australia, Victoria on 9261 8700.

Knox

'Holding It All Together' is for women who are currently experiencing and/or have experienced past family violence. Contact the Intake Worker on 9757 6200.

Lilydale

'Finding Me Being Free' is a group for women who have experienced past or current issues of family violence/abuse in their relationship. Contact Intake Worker, Ranges Community Health Service on 9754 8963.

'Reclaim, Reconnect, Renew' is a creative arts program for women recovering from family violence. It is a ten-week workshop using creative arts therapy and explores painting, sculpture, storytelling, dance and relaxation. No artistic or dance skills needed. Contact Diana Johns or the Intake Worker at Anglicare on 9735 4188.

Mitcham

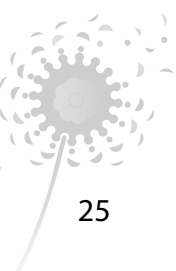
Mitcham Family Violence Program for Women runs the following groups:

- Free discussion and support group and individual appointments for women with past or current issues of family violence. Low-cost childcare available.
- Short courses held throughout the year on strategies for change, self-esteem, etc. Low-cost childcare available.

Contact Jeanette on 9873 4812.

City of Monash

'Women Reclaiming Their Lives' is a program for women who have experienced, or are living with, violence and abuse at home. Childcare available. Contact the Intake Worker on 1300 552 509.



Ringwood East

An eight-week group supporting women who have experienced family violence. Enables women to come together in a safe environment to share and reflect on their lives, reconnect with community and their inner lives. Contact Paulina at Eastern Access Community Health on Tuesday, Thursday or Friday on 9837 3999.

Yarra Valley

Yarra Valley Community Health Service runs occasional groups. Please ring 1300 130 381 to find out when the next group is running and to express interest.

Barwon South West Region

Geelong

The 'Art Making' group provides a safe, relaxed and unique environment in which women are encouraged to discover and explore another form of self-expression experience. It is designed to be a calm and reflective space in which women who have experienced domestic violence of any sort (now or in the past) can create their own unique piece of artwork. No artistic abilities required. Contact Wendy at Bethany Community Support on 5278 8122.

Grampians Region

Ballarat

'WRAPs' is a group program for Women Responding to Abuse by Partners (or other family members). Group is held regularly throughout the year. Provides an opportunity for a small group of women to explore, hear and share. Contact Ballarat Community Health Centre on 5338 4500 or WRISC on 5333 3666.

WRISC can also provide groups in Daylesford, Bacchus Marsh and Creswick.

Hume Region

Albury / Wodonga

'KNOTS' Program is for women who have experienced, or who are still experiencing, domestic/family violence. Contact the Albury Wodonga Women's Centre on 02 6041 1977.

Shepparton

Various groups are regularly run to support women. Contact Intake Worker, Goulburn Valley Community Health Service on 5823 3200.

Loddon Campaspe Region

Bendigo

Groups for women, children and parents are regularly run. Contact EASE Domestic Violence Service on 5430 3000 or toll free 1800 884 038.

Groups for Indigenous women and children

Maribyrnong

'Peek A Boo' is a therapeutic playgroup for Aboriginal mothers and their infants. Run in conjunction with The Gathering Place Maribyrnong. Contact Robyn on 9312 7204.

Thornbury

The Maya Aboriginal Healing Centre has an ongoing social support group for indigenous women who have experienced the high levels of stress associated with maintaining family connections when already dealing with intergenerational trauma. The group provides an opportunity for women to come together and to share their stories and support one another. For more information, contact 9480 1111.

Elizabeth Hoffman House Aboriginal Women's Services

An ongoing support group for women who have experienced domestic violence and an ongoing group for mothers and their children. For more information, contact 9482 5744.

'Save the Children Playgroup' is a playgroup for indigenous mothers and children. For more information, contact 9482 5744.

Groups for mothers and their children

East Region

Children's counselling and group work. Australian Childhood Foundation. Contact 9874 3822.

Inner South

Windsor

'Kid's Rock!' is an eight-week program for primary school-aged children who have witnessed/experienced family violence & the women who care for them. Contact Irina or Duty Worker on 9521 5666. Free childcare on application.

North and West Metro Region

Altona

Therapeutic playgroup for infants (0-36 mths) and their mothers who have lived with family violence. We understand that exposure to violence often confuses the baby and hampers the mothers' ability to focus on her baby. Uses play, talking, singing and movement to strengthen the feelings of connection and enjoyment in the baby-mother relationship. Organised by Royal Children's Hospital Mental Health Service Community Group Work Program. Contact Robyn on 9345 6011.

Broadmeadows

Broadmeadows Anglicare Women's House runs regular groups for mothers and children. Contact 9309 9433.

Collingwood

'Peek A Boo' is a therapeutic playgroup for infants (0-36 mths) and their mothers who have lived with family violence. Groups organised by Royal Children's Hospital Mental Health Service Community Group Work Program. Contact Meredith on 9312 7204.

Deer Park

'PARKAS' (Parents Accepting Responsibility Kids Are Safe) is a therapeutic group for mothers and children aged 8-12 years that have experienced family violence. An eight-week group with separate sessions for children and mothers/carers. Contact Filena on 9363 1811.

Flemington / North-West Region

To find out if there are currently any groups running for mothers and children, please contact 9345 6022.

Melton

'Bright Futures' North and West is a therapeutic music and creative arts group for children aged 8-12 who have experienced, or are experiencing, homelessness/family violence. Transport available. North West Regional Children's Resource Program. Visit <http://www.homelesskidscount.org> or contact Janine on 9359 5493.

'PARKAS' (Parents Accepting Responsibility Kids Are Safe) is a two-tiered program for children aged 8-12 years & their parents/carers who have experienced family violence. An eight-week group with separate sessions for children and mothers/carers. Contact Tara Seelenmeyer on 8746 1100.

North Yarra

'Peek A Boo' is a therapeutic playgroup for infants (0-36 mths) and their mothers who have lived with family violence. Groups organised by Royal Children's Hospital Mental Health Service Community Group Work Program. Contact Robyn Sketchley on 9345 6011.

Rosanna

'Expressions' is a group for women and their children (aged 5-12) who have experienced domestic violence. Emphasis is on the use of music and the creative arts. Contact Children's Support Worker, Northern Domestic Violence Outreach on 9450 4700.

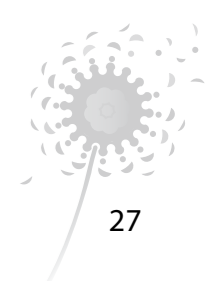
Sunshine

'Peek A Boo' is a therapeutic playgroup for infants (0-36 mths) and their mothers who have lived with family violence. Contact Meredith Banks on 9312 7204.

East Metro Region

Ashburton

'Peek A Boo' is a therapeutic playgroup for infants (0-36 mths) & mothers who have lived with family violence. Uses play, talking, singing and movement to strengthen the baby-mother relationship. Organised by Royal Children's Hospital Mental Health Service Community Group Work Program. Contact Robyn Sketchley on 9345 6011.



Collingwood

'Peek A Boo' is a therapeutic playgroup for infants (0-36 mths) and their mothers who have lived with family violence. Contact Meredith on 9312 7204.

Groups for parents who have been abused by adolescents

South Metro Region

City Of Monash

'Who's in Charge?' is an eight-week educative group for parents or carers of young people (aged 8-18), living in the City of Monash, who are out of control, violent or defiant. Contact Monash Youth & Family Services on 9561 7359.

Narre Warren

'Who's in Charge?' is an eight-week educative group for parents or carers of young people (aged 10-20) who are out of control, violent or defiant. Contact Eddie on 9541 0580.

East Metro Region

Box Hill

'Breaking the Cycle: Making Changes' is a group for parents, step-parents and carers whose adolescent is abusive in the home. Get support and learn strategies to help your son/daughter become more responsible and respectful. Contact Larisa or Viv at Anglicare on 9896 6322.

East/South East Area

Boronia, Doncaster, Lilydale, Malvern, Maroondah, Croydon, Nunawading, Pakenham, Seymour

The Assertive Parenting Group Australia offers structured self-help programs for parents troubled by teenage anti-social behaviour. Assists families to develop respectful relationships. Support for both parents and young people. Contact Harrison Community Services on 9887 1055.

North Metro Region

'TARA' – Teenage Aggression: Responding Assertively is a workshop for parents in the northern region who have an adolescent behaving violently at home. Get concrete strategies to reduce violence and improve your relationship with your child. Contact Berry Street on 9450 4700 or email matters@berrystreet.org.au

Grampians Region

Ballarat

'Breaking the Cycle' is a new group program for parents who have adolescents who are violent in the home. For more information, contact the Intake Worker on 5337 3333.

Victoria-wide

Parentline

Parents wishing to discuss individual concerns should contact Parentline on 13 22 89 (Mon-Fri 8.00 am-midnight; Sat/Sun 10.00 am-10.00 pm).

Groups for men who want to change their behaviour

Victoria-wide

The Men's Referral Service (No To Violence) provides anonymous and confidential counselling, information and referral for men who use violence or abuse in the home. This service can also refer men to behaviour change groups. Contact 9428 2899 or 1800 065 973 or visit www.ntv.net.au

Groups for adult women

Melbourne – Metro

Melbourne

CASA House offers several facilitated eight-week support groups throughout the year. They are for women who have had some counselling and would like to meet with other survivors of childhood sexual assault in a supportive environment. Contact 9635 3610.

North and West Metro Region

Northern suburbs

Group for women who have experienced sexual assault or abuse. A 12-week group run by NCASA. For further information, contact Lia or Julie on 9497 1768.

Western suburbs

WestCASA runs facilitated groups throughout the year for women who are interested in meeting others and moving on from childhood sexual abuse. The group is run by experienced facilitators who ensure a safe, friendly and informative environment. Contact the Duty Worker at WestCASA on 9687 5811.

'Life, Kids, the Universe and Everything' is for mothers who have been sexually abused as children and have anxiety about their own children's safety. Contact the Duty Worker at WestCASA on 9687 5811.

East Metro Region

Ringwood East

Eastern CASA runs several groups.

- 'Creative Expression' group for adult women survivors.
- 'Mandala Accelerated Trauma Recovery' groups for adult women survivors.
- ECASA also runs regular adult survivors of child sexual assault groups.
- Groups for parents whose children have been sexually assaulted may also run as required.

Contact the Duty Worker on 9870 7310 for details about any of these groups.

Belgrave

'Discoveries' is a facilitated group with a maximum of eight women. New groups begin on an 'as needed' basis. Cost is \$25/Conc \$20. Contact Clare Roberts at Caerleon on 9752 6566.

South Metro Region

Cardinia / Casey

'See-Saw' is a support group for women who have experienced childhood sexual assault. Facilitated by qualified staff and a peer support worker. Contact Jane on 9212 5700.

South Eastern Metro Area

Informative and supportive group for women who have had some counselling but would like to meet other women facing similar issues. Group runs throughout the year, in locations across the south-eastern region. Contact Sue or Chris at SECASA on 9594 2289.

Barwon South West

Geelong

Barwon CASA offers therapeutic counselling groups on an 'as needed' basis. Contact 5222 4318.

Warrnambool

South West CASA offers groups for adult victims of sexual assault, when sufficient numbers. Contact 5564 4144.

Gippsland

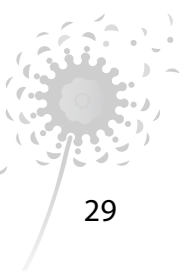
Morwell

Gippsland CASA offers therapeutic groups on an 'as needed' basis throughout year. Contact 5134 3922.

Grampians Region

Ballarat

Contact the Duty Worker, 1.00 pm-5.00 pm, on 5320 3933 to enquire about current/upcoming groups.



Hume Region

Wangaratta

Upper Murray CASA provides a group on an 'as needed' basis throughout year. Contact 5722 2203.

Shepparton

Contact Goulburn Valley CASA on 5831 2343 for information about support groups.

Loddon Mallee

Bendigo

Contact Loddon Campaspe CASA on 5441 0430 for information about support groups.

Groups for adult male survivors

North Region

Northern CASA runs ten-week groups for non-offending survivors throughout the year. Contact the Duty Counsellor on 9496 2240.

East Metro Region

ECASA runs an Adult Male Survivors Group. Contact the Duty Worker on 9870 7310 for details.

South Eastern Metro Area

A caring and confidential environment for men to discuss and learn about topics such as dealing with the past, family, ways of coping and nurturing ourselves. Group runs when there are sufficient numbers throughout the year. St Kilda, Dandenong, Pakenham, East Bentleigh, Frankston, Cranbourne and Rosebud areas. For further information, contact SECASA on 9928 8741.

Barwon Region

Geelong

Barwon CASA offers therapeutic counselling groups run on an 'as needed' basis throughout the year. Contact Barwon CASA on 5222 4318 or 5222 4802.

Warrnambool

South West CASA offers groups for adult male victims of sexual assault. Contact 5564 4144.

Hume Region

Wangaratta

Wangaratta CASA provides a group on an 'as needed' basis throughout the year. Contact 5722 2203.

Groups for adult men and women

Traralgon

Group meets twice a month. Contact Mary on 0402 082 517 or Joy on 0412 059 203.

Groups for young women

East Metro Region

Ringwood

ECASA runs 'Chic Chats' for young women each term. Contact the Duty Worker on 9870 7310 for details.

West Metro Region

Therapeutic groups for adolescent girls, runs for ten weeks during school terms. Contact Helen, Gatehouse Centre, Royal Children's Hospital on 9345 6391.

Barwon South West

Geelong

Barwon CASA offers therapeutic counselling groups for young women who are survivors on an 'as needed' basis throughout year. Contact 5222 4318 or 5222 4802.

Loddon Mallee

Bendigo

Contact Loddon Campaspe CASA on 5441 0430.

Groups for mothers, carers and non-offending parents

South Metro Region

Support and information groups for parents or carers of children who have been sexually assaulted. SECASA groups provide a supporting environment in which to discuss and learn about topics such as: dealing with your child, family and others; ways of coping; and looking after yourselves. Day or evening groups. Contact Chris or Sue on 9928 8741.

Barwon South West Region

Barwon CASA runs therapeutic counselling groups for mothers of sexually abused children. Contact 5222 4318.

Gippsland Region

'CHAMP' (Child Sexual Assault Management Program) is a group for non-offending parents and caregivers of children who have been sexually assaulted. Contact CHAMP Coordinator on 5136 5400.

Grampians Region

'FOCAS' (Families of Children Abused Sexually) is a self-help group for non-offending parents & families of sexually abused children. Contact Wimmera CASA on 5381 9272.

Loddon Campaspe Region

For parents whose children have been sexually assaulted. Contact Loddon Campaspe CASA on 5441 0430.

Western Region

'Sharing the Journey' for parents whose children have experienced sexual assault. Contact Eileen or Esen, WestCASA on 9687 5811.

Groups for partners of offenders

Dandenong

For women whose partners have been sexual offenders. Groups run when sufficient numbers and can be held in alternate locations within the South East region. Contact Nerida at SECASA on 9594 2289.

Abuse in church communities

Rosanna

'Broken Rites' is a support group for female and male survivors of abuse by the clergy within the Catholic church. Phone 9457 4999 (national hotline), mail: Broken Rites Collective, PO Box 163, Rosanna VIC 3083 or visit <http://brokenrites.alphalink.com.au/>

Victoria-wide

A service for people who have been abused within the Uniting Church. Groups offered if sufficient numbers. Contact Jean or Mich, Bethel Pastoral Centre, ph/fax 9859 8700 or visit <http://bethel.victas.uca.org.au>

Online support

Our Place is an online forum for anyone who is dealing with, or thinks they may be dealing with, verbal, emotional, physical, sexual, spiritual or financial abuse. Created by and for people who are dealing with abusive behaviour and its consequences. Provides validation, support, comfort, resources and practical advice. Visit www.our-place-online.net

Animal abuse

Pets in Peril

Research shows that many women delay leaving violent partners due to concerns about the welfare of their pets. The Eastern Domestic Violence Outreach Support Service (EDVOSS) are working with Animal Aid to provide temporary shelter for pets. To find out more, phone 9870 5939. This service is also calling for donations to support this work.

